

2009–2010 Extension Programs

Program One Cinema and Psychoanalysis: Appetites, Drives, and Desires—Health and Addiction

Coordinator: Julio Szmuilowicz

As Freud pointed out, we are driven by our appetites. Without them, we become colourless and bland. However, too much of them, we become slaves to them, pursuing little other than their satisfaction. Be it oral, anal, phallic, genital, or all their derivatives, such as voracious hunger, acquisitiveness, and a need for unlimited wealth, fear of commitment and wanderlust, or sublimations such as curiosity and the fear of not knowing or the dread of not being in control, our behaviour is ruled by the outcome of our battle with our appetites.

The seminal paper “Seven Infants with Esophageal Atresia” (a condition where the baby’s esophagus is not connected with the stomach) found that when babies are not allowed to explore with and through their mouths (these babies had to be fed through an outside tube connected directly to the stomach to avoid choking and malnutrition) as toddlers they become listless and strangely content with doing nothing, as if “looking for nothing.” In other words, because they were not allowed to experience hunger, the absence of food, and its satisfaction, through eating and feeling satiated, they did not develop appetitive behaviours: feeling hungry, searching, protesting, crying, mouthing, and finally contentment and the feeling of fullness.

This would mean, to be sure, that appetites are not always pathological, but, as Freud pointed out, biological drives that push for satisfaction—hunger, thirst, desire for intimacy, sex. Occasionally though, appetites become more than drives: they clamour for immediate gratification, know no bounds, and become all-encompassing as in addictions, compulsions to acquire or to work. Occasionally, even love itself becomes a subject of a perversion.

Literature, drama, and cinema have been preoccupied with the exploration of the whys and the wherefores of appetites. To explore the theme of appetites, seven films will be screened. After a short break, the film’s discussant will present a formal paper that will lead the group into a general discussion.

Date	Film Discussant	Film	Director
October 30, 2009	Rex Collins	<i>There Will Be Blood</i> (2007)	Paul Thomas Anderson
November 27	Betty Kershner	<i>The Sheltering Sky</i> (1990)	Bernardo Bertolucci
January 29, 2010	Julio Szmuilowicz	<i>Elegy</i> (2008)	Isabel Coixet
February 26	Barry Wilson	<i>The Decline of the American Empire</i> (1986)	Denys Arcand
March 26	Arthur Caspary	<i>Boccaccio 70</i> (1962)	Vittorio de Sica, Federico Fellini, Luchino Visconti, Mario Monicelli
April 30	Ruhi Tuzlak	<i>Thomas in Love</i> (2000)	Pierre-Paul Renders
May 28	Robert Winer	<i>The Diving Bell and the Butterfly</i> (2007)	Julian Schnabel

Program Two Reading Freud Writing: Delusions and Dreams in Jensen’s “Gradiva”

Coordinator and workshop leader: Geoff Miles

Thursdays, September 24, October 1, 8, 15, 22, 29, 2009

Freud’s 1906 paper is his most extensive examination of a creative writer and appears early in his psychoanalytic writing. Curious to see if a writer’s fictional dreams bear a resemblance to actual dreams, his analysis focuses on the unconscious, the mechanism of dreams, the return of the repressed, and transference. At the same time there are many aspects of the Gradiva story that are left out, giving his study an enigmatic quality, an open text that offers itself up to some interesting speculations. As Jacques Derrida has noted, speculation is central to Freud’s methodology, but it leaves in the interior of Freud’s writing “specters.” Indeed Freud leaves us with a ghostly analysis that perhaps has as much to do with the excavation of the archeological sites of his own past as that of the characters of Jensen’s story.

Program Three Understanding and Working with Relationship Issues in Couples, from a Psychoanalytic Perspective

Coordinator: Kas Tuters

Presenters: Kaspars Tuters, Marilyn Ruskin, and Sarah Usher

Thursdays, November 12, 19, 26, December 3, 10, 2009

The choice of one’s partner is determined by a multitude of factors. In this program we will focus on the significant influence of early relationship experiences in our family of origin, and how they affect the choice of an intimate partner later in life. When assessing and working with the problems that couples encounter, we consider the dyad as “the patient” and understand it as a complex (consciously and unconsciously) interacting unit within a larger system, influenced by two distinct backgrounds and internal worlds. The unconscious needs and defence mechanisms that become triggered can puzzle and undermine the couple’s wishes and goals. We will examine all of this through the use of clinical material.

Program Four Introduction to Lacan

Coordinator: Judith Hamilton

Presenters: Doron Almagor, Judith Hamilton, Claire Lunney, and Clive Thomson

Thursdays, January 15, 22, 29, February 5, 12, 2009

In this eighth introductory session to the theory and techniques proposed by the French psychoanalyst Jacques Lacan, we will continue to explore the basic concepts in their relation to Freud’s works, to post-Freudian authors, and to contemporary Lacanian authors as they illuminate and influence clinical practice. We will select the specific topic and seminar reference in relation to upcoming Lacanian conferences, so that our study will prepare us to make full use of them. We will notify potential attendees of the specifics as soon as possible. Group participation is encouraged in these sessions, which are each a mixture of theory and psychoanalytic practice. They will be made accessible and illuminating for everyone from novices in the field to participants from former sessions and series.

Program Five Freud, Women, and Morality

Coordinator: Donald L. Carveth

Thursdays, April 8, 15, 22, 29, 2010

Eli Sagan’s *Freud, Women, and Morality: The Psychology of Good and Evil* (1988) is an important contribution to psychoanalytic theory, feminist thought, and the theory of moral development that has not received the attention it merits. Sagan, a historical sociologist and Freud scholar, connects the limitations of Freud’s theory of morality (superego) with his underestimation of the role of the pre-Oedipal mother in the formation of conscience. These four seminars are devoted to a careful reading and discussion of Sagan’s contribution to our understanding of the psychological basis of moral and social progress.

Program Six Attachment Theory and Practice: A Move to Representation

Coordinator: Elizabeth Tuters

Presenters: Elizabeth Tuters and Susan Yabsley

Thursdays, May 6, 13, 27, June 3, 10, 17, 2010

Through the use of film, this course will explore the biological-evolutionary theory of parent–infant attachment as proposed by John Bowlby, Mary Ainsworth, and Mary Main. Attachment theory stresses survival and adaptation in the context of relationships with protective others as critical components in human development and psychopathology. The course will focus on applications of attachment theory to understanding individuals and their relationships through observation, presentation, and group discussions. Participants will develop a basic understanding of attachment theory, including the caregiver antecedents, and behavioural, emotional, and cognitive characteristics of different attachment patterns.

Date	Film	Director
May 6	<i>Sunday’s Child</i>	Lynn Barnett
May 13	<i>John</i>	Jimmy and Joyce Robertson
May 27	<i>Jane</i>	Jimmy and Joyce Robertson
June 3	<i>When the Bough Breaks</i>	Neil Dougherty
June 10	<i>My Life as a Dog</i>	Lasse Hallström
June 17	<i>Flower and Garnet</i>	Keith Behrman

Doron Almagor, MD, psychoanalyst, private practice; psychotherapy supervisor at University Health Network; faculty, Advanced Training Program in Psychoanalytic Psychotherapy

Donald Carveth, PhD, professor of sociology and social & political thought, York University; training and supervising analyst, Canadian Institute of Psychoanalysis

Arthur Caspary, PhD, psychoanalyst, private practice; head, Psychology Department and director of Internal Academic Training, Hinks-Dellcrest Centre; faculty, Toronto Institute for Contemporary Psychoanalysis

Rex Collins,* PhD, private practice child and adolescent therapy; graduate of the Toronto Child Psychoanalytic Program

Judith Hamilton, MD, psychoanalyst, private practice; faculty, Toronto Institute of Psychoanalysis and Advanced Training Program in Psychoanalytic Psychotherapy

Betty Kirshner,* PhD, registered psychologist private practice; assessment of young offenders, adults, and families; former chair, Department of Early Childhood Education, Centennial College; member, New Directions Program, Washington Psychoanalytic Institute

Claire Lunney, MD, psychoanalyst, private practice; faculty, Toronto Institute of Psychoanalysis and the Advanced Training Program in Psychoanalytic Psychotherapy

Geoff Miles, MSW, PhD, psychotherapist, psychoanalyst, and social worker, private practice; PhD social and political thought; dissertation titled “Gravida-Gravida: Pregnancy and Death—Work in Freud’s Pompeian Fantasy”

Marilyn Ruskin, MSW, RSW, psychoanalyst, private practice; member and faculty of Toronto Psychoanalytic Society and Institute

Julio Szmulowicz, MD, psychoanalyst, private practice; member and faculty, Toronto Psychoanalytic Society and Institute

Clive Thomson,* PhD, psychoanalyst, private practice; graduate, TICP; professor, Departments of French Studies, Psychiatry, Faculty of Medicine, and Dentistry, University of Western Ontario; TPS guest

Elizabeth Tuters, MSW, RSW, psychoanalyst, child/adult private practice; member and faculty, Toronto Institute of Psychoanalysis / Toronto

Faculty

The Toronto Psychoanalytic Society

2009–2010 Extension Program

Programs

- Program One **Cinema and Psychoanalysis: Appetites, Drives, and Desires—Health and Addiction**
Fridays, October 30, November 27, 2009, January 29, February 26, March 26, April 30, May 28, 2009 (seven sessions) *Coordinator: Julio Szmulowicz*
- Program Two **Reading Freud Writing: Delusions and Dreams in Jensen’s “Gravida”**
Thursdays, September 24, October 1, 8, 15, 22, 29, 2009 (six sessions) *Coordinator: Geoff Miles*
- Program Three **Understanding and Working with Relationships in Couples, from a Psychoanalytic Perspective**
Thursdays, November 12, 19, 26, December 3, 10, 2009 (five sessions) *Coordinator: Kas Tuters*
- Program Four **Introduction to Lacan**
Thursdays, January 14, 21, 28, February 4, 11, 2010 (five sessions) *Coordinator: Judith Hamilton*
- Program Five **Freud, Women, and Morality**
Thursdays, April 8, 15, 22, 29, 2010 (four sessions) *Coordinator: Donald Carveth*
- Program Six **Attachment Theory and Practice: A Move to Representation**
Thursdays, May 6, 13, 27, June 3, 10, 17, 2010 (six sessions) *Coordinator: Elisabeth Tuters*

Programs Two, Three, Four, and Five

Presentation 7:30–8:30 p.m.

Coffee 8:30–8:45 p.m.

Discussion groups 8:45–10:00 p.m.

Programs One and Six

The screening of the film will commence at 7:30 p.m.

All sessions

will be held at the Toronto Psychoanalytic Society
40 St. Clair Avenue East, Suite 203, Toronto
(at the corner of St. Clair Avenue East and Alvin Avenue
above the Deer Park Library)

Psychoanalytic Society; team leader, Infant Program, Hinks-Dellcrest Centre and Institute

Kas Tuters, MD, psychoanalyst, private practice; member and faculty, Toronto Psychoanalytic Society and Institute

Runi Tuzlak,* MBA, adult education specialist, occupational health and safety professional, Toronto District School Board

Sarah Usher, PhD, psychoanalyst, private practice; member and faculty of Toronto Psychoanalytic Society and Institute

Barrie A. Wilson,* PhD, professor, humanities and religious studies, York University; author of forthcoming *How Jesus Became Christian*

Robert Winer,* MD, teaching analyst and chair of the Faculty Committee, Washington Psychoanalytic Institute; chair, New Directions and of the Modern Perspectives on Psychotherapy Program, Washington Psychoanalytic Society; psychoanalyst, private practice, Bethesda, MD

Susan Yabsley,* PhD, graduate of Anna Freud Centre; head, Infant Program and Training Psychology Department, Hinks-Dellcrest Centre and Institute; TPS guest

* By invitation

For the 2009–2010 academic year, the TPS Extension Committee is offering six programs of interest to professionals in the fields of mental health, education, family law, child development, and pediatrics. Topics of current appeal, clinical relevance, and importance have been selected. Attendance at earlier TPS extension programs is not a prerequisite.

The programs are designed to make psychoanalytic knowledge available to persons from other disciplines, and not to offer training in psychoanalysis.

All coordinators and discussion leaders are members or guests of the Toronto Psychoanalytic Society.

Elizabeth Tuters, Chair
TPS Extension Committee

tps&i

TORONTO PSYCHOANALYTIC SOCIETY & INSTITUTE